Example Bedtime Report

Since waking today, how would you rate the intensity of a burning feeling behind your breastbone?

- Did not have
- Very mild
- Mild
- Moderate
- Moderately severe
- Severe

Example Morning Report

During the nighttime, how would you rate the intensity of a burning feeling behind your breastbone?

- Did not have
- Very mild
- Mild
- Moderate
- Moderately severe
- Severe